THE SANTA FE VIPASSANA SANGHA WELCOMES

Brian Lesage

The Spiritual Practice of Emptiness
March 26 – April 18, 2013

SILENT MEDITATION AND DHARMA TALKS: March 26, April 2, 9 & 16
6:00pm at Mountain Cloud Zen Center
7241 Old Santa Fe Trail

TWO DAY NON-RESIDENTIAL RETREAT: "THE SPIRITUAL PRACTICE OF EMPTINESS"
Saturday April 6, 9-5pm and Sunday April 7, 9-4pm
Mountain Cloud Zen Center, 7241 Old Santa Fe Trail

STUDY GROUP: March 27, April 10 & 17, 6:00-8:00pm
113 Camino Escondido #4
Reading materials available online @ santafevipassana.org

MINDFULNESS OUTDOORS: Saturday April 13 9:00-4:00pm
Join Brian and Sangha friends for a silent mindful hike, picnic and informal discussion
Check website for hiking directions: santafevipassana.org or call Emily at 982-0892

SUTTA STUDY GROUP: Monday April 1 & 15 1-3pm
113 Camino Escondido #4
Contact Joan Mitchell at trutrope32@yahoo.com or 505-983-2475 for more information.

PRACTICE DISCUSSIONS:
March 27, 29, April 2,5,8,9,10,12,15,16,17
For available times see sign up sheets at Sangha or contact
Emily at 982-0892 or emily@etimberlake.com to sign up

If you would like a practice discussion with Brian and you are unable to make any of the times available, please contact Brian by email at brian@liberatingawareness.com.

Brian Lesage has practiced Buddhist meditation since 1988 and has taught meditation since 2000. He has studied in the Zen, Theravada and Tibetan Schools of Buddhism. He was ordained in the Rinzai Zen tradition in 1996. His training in Vipassana Meditation includes doing extended meditation retreats in Myanmar (Burma), Nepal, and India as well as numerous retreats in the U.S. He leads retreats and teaches meditation courses nationwide. Brian also has a private practice in Somatic Experiencing, which is a naturalistic approach to healing trauma. You can also visit his website for Somatic Experiencing at:
www.liberatingawareness.com

For additional information check the website: santafevipassana.org and/or contact Emily at 982-0892 or email: emily@etimberlake.com